



NAUPAKA NEWS

RELAX, SHOP & PLAY AT WAIKOLOA BEACH RESORT

In This Issue



1 • HAWAI'I'S SPIRIT GUARDIANS

A family's 'aumakua are believed to protect them from trouble.



4 • SHOPPING GUIDE

From casual beach wear to fine art, there's a retailer who has what you want.



7 • DINING

Hungry? There are many delightful dining choices at Waikoloa Beach Resort.



Scan code to sign up to receive Waikoloa Beach Resort updates.



Pueo are among Hawai'i's guardian animals known as 'aumakua.

Family Guardians

'AUMAKUA IN HAWAIIAN LORE

MANY INDIGENOUS CULTURES ACROSS THE WORLD BELIEVE that animals have spiritual significance in our lives. In North America, for example, the Lakota people believed strongly that certain animals were conduits to the powers of the natural universe and that those powers could be called upon — for good fortune in battle or agriculture, for example — through chant and ceremony.

Observance of animal behavior was also incorporated into everyday life, creating a belief system that protected all who sought

their powers. All animals, they felt, can teach us about life, and we can learn lessons from them by observing closely. The Lakota people learned from childhood that all beings depend on one another or perish and there are lessons to be learned from all forms of life.

In some cultures, animals symbolize the values and spiritual beliefs of these indigenous communities. Animals also figure significantly in the creation stories of many tribes. The coyote, the



wolf, the buffalo, the eagle ... are all found deeply rooted in these cultures.

In Hawai'i, guardian animal relationships are called *`aumakua*.

"Hawaiians believe that their loved ones who have passed take on the form of an *`aumakua*," says Bambi Lau, human resources manager and "magic maker" at Waikoloa Beach Marriott Resort & Spa, who has experienced the protection of her family *`aumakua* personally. "It's believed that the *`aumakua* are there to guide and protect their family members."

The word *`aumakua* means "ancestor gods" and is derived from the Hawaiian words *au* which means period of time, and *makua* meaning parent or ancestor. (*Makua* is also the word for the traditional Hawaiian fishhook, another cultural symbol.) As *`aumakua*, deceased family members would thus watch over their descendants, warn them of misfortune and help guide them from trouble. Many families recognize multiple *`aumakua*, including the Hawaiian hawk (*io*), the lizard (*mo'o*), the shark (*mano*) and the owl (*pueo*).

Lau, whose family claims as *`aumakua* the *pueo*, the *mano* and the *mo'o*, tells of an incident where her guardian animal helped protect her from an accident. "On one occasion," she says, "while driving late at night, I was falling asleep at the wheel. A *pueo* flew in front of my car which caused me to jump in my seat. I then realized that it was my *`aumakua* giving me a warning."

"Most of what we think of as *`aumakua* are from much earlier times, when the traditional religion was active," Hokulani Holt, an expert in Hawaiian language and culture, a master *kumu hula* (hula teacher) and a cultural practitioner, told *Maui No Ka Oi* magazine in 2010. "When the traditional religion was overthrown [in 1819], the practices relating to *`aumakua* went with it."

"Everyone had at least one *`aumakua*," she adds. "If you married and had children, their [ancestors] on both sides would come into the genealogy. They're family; they stay with the family for generations."

Hawaiian-born actor Jason Momoa has a shark tattoo on his left forearm that is a tribute to his family *`aumakua*. Some families had many *`aumakua*. It is said the family of respected elder, Hawaiian scholar and author of *Folktales of Hawai'i*, Mary Kawena Pukui (1895-1986), had at least 50 known *`aumakua*.

According to Holt, "Often the form an *`aumakua* would take depended on where family members lived and how they earned their livelihood. If you were ocean people, it would be good to have a shark as an *`aumakua*. If you were mountain people, *pueo*, *io* [Hawaiian hawk] ... birds would be helpful. If you were Pele people, the form your *`aumakua* took might be related to lava. The form was a way of placing you within the family, within society and within nature."

"*Aumakua* work differently for different families," concludes Lau. And while some traditional practices have eroded over time, the belief in family guardians in Hawai'i still seems to be going strong today. ●

MOST COMMON `AUMAKUA IN HAWAIIAN LORE:

- *`alalā* – crow
- *he'e* – octopus
- *io* – Hawaiian hawk
- *`iole li'ili'i* – small field mice
- *manō* – shark
- *mea kanu* – plant
- *moa wahine* – mud hen
- *mo'o* – lizard
- *pe'elua* – caterpillars
- *pōhaku* – rock
- *pueo* – a species of short-eared owl
- *puhi* – eel

According to some beliefs, *`aumakua* were able to take on many bodies and many forms, and they could change back and forth at will.





Queens’ Marketplace

Open Daily | Store hours vary, please call or visit their websites for hours and more information

Visit Queens’ Marketplace for their ongoing events including first Friday Lei Making, weekly Wednesday Hula and their Kanikapila Monthly Concert Series every third Saturday.

For more information on Queens’ Marketplace events, visit QueensMarketplace.com.

ART & JEWELRY

Genesis Galleries
(808) 886-1770

Hawaii Fluid Art
(808) 344-4878

Maui Divers
(808) 886-4817

Lava Light Galleries
(808) 756-0778

Mashka Jewelry
(808) 731-7310

ENTERTAINMENT

Kozy’s Comedy & Magic Show
(808) 430-1957

Waikoloa Luxury Cinemas
(808) 464-3009

FASHION

Blue Ginger Family
(808) 886-0022

Cariloha
(808) 886-2608

Coconut Ave
(808) 731-4024

Crocs™ Shoe Store
(808) 886-0213

Kona Surf N’ Sandals
(808) 886-0898

Mahina
(808) 886-4000

Malibu Shirts
(808) 886-0003

Olivia Clare Boutique
(808) 657-4307

PacSun
(808) 886-0415

Quiksilver
(808) 886-0900

Reyn Spooner
(808) 886-1162

Volcom
(808) 886-6888

GROCERY

Island Gourmet Markets
(808) 886-3577

REAL ESTATE

Hawai`i Life Real Estate Brokers
(800) 667-5028

Home River Group
(808) 883-9550

Kona Coast Vacations
(808) 329-2140

SERVICES

Hilton Grand Vacations Club
(808) 886-0945

KOR Salon
(808) 886-8090

RestoricaHawaii
(808) 557-9591

Rider Levett Bucknall
(808) 883-3379

Vacasa
(855) 861-5757

Waikoloa Dental Clinic
(808) 886-0891

SPECIALTY & GIFTS

Claire’s
(808) 886-8905

Da Big Bags
(808) 989-8709

Hawaiian Quilt Collection
(coming soon)

Lids
(808) 886-1649

SoHa Keki
(808) 909-3888

SoHa Living
(808) 464-4268

Sunglass Hut
(808) 886-0274

SPORT & ACTIVITY

Bike Works Beach & Sports
(808) 886-5000

Yoga Barre
(808) 333-5378

FEEL THE TOUCH OF ALOHA PRESENTS “FIRES OF POLYNESIA”

First and third Fridays | 7 – 8 pm | Kings’ Shops Center Stage

Auntie Tutu (Stephanie Lindsey) and Brother Kaleo Lindsey host a 30-minute journey through Polynesia featuring Tiana Productions. Enjoy the Fire’s of Pele, the Fire Fans of Tahiti, the Fire Poi Balls of New Zealand and the amazing Samoan Fire Knife.

Dates subject to change — check website kingshops.com/events.

Kings’ Shops

Open Daily | Store hours vary, please call or visit their websites for hours and more information

ACCESSORIES

Mary Jane’s
(808) 886-2707

Michael Kors
(808) 886-2653

Sunglass Hut
(808) 886-0593

APPAREL

Crazy Shirts
(808) 886-9303

Honolua Surf Co.
(808) 886-6422

Jams World
(808) 796-3182

Kona Harley-Davidson
(808) 464-4033

Prince’s Royal Island Gear
(808) 769-3440

Noa Noa
(808) 886-5449

Rip Curl
(808) 886-1952

Tommy Bahama
(808) 886-8865

Tori Richard
(808) 886-8308

Travis Mathew
(808) 865-2452

ART & JEWELRY

Aesthetic Hawaii by Genesis Galleries
(808) 731-6280

Giving Bracelets
(808) 445-9951

Kohala Coast Fine Art
(808) 886-4240

Nā Hōkū
(808) 886-7599

Royal Gold
(808) 886-7701

Tiffany & Co.
(808) 886-1931



ENTERTAINMENT

John Keawe is performing at Kings’ Shops Center Stage on Tuesday, July 11 and Tuesday August 8 at 4 – 5 pm. For more information call the Kings’ Shops management office (808) 886-8811.

FARMERS MARKET

Explore the Kings’ Shops Farmers Market every Tuesday from 9 am – 2:30 pm

NIGHT MARKET

Second and fourth Friday each month from 4 – 8 pm

LAKESIDE MINI GOLF

(808) 854-4139
Open Friday-Sunday 4 – 8 pm.
New pricing, \$10 for adults; \$5 for children/kama’aina. Available for private bookings.

SERVICES

Big Island Motorcycle Co.
(808) 886-2011

Compass Real Estate
(808) 430-2184

Hawaii Vacation Condos by Outrigger
(808) 886-0036

Hulakai
(808) 731-7945

Kings’ Shops Management Office
(808) 886-8811

Kohala Coast Properties
(808) 886-6600

ReMax Lava Luxury
(808) 756-4285

Shell Gas Station
(808) 886-9512

Team Clean
(808) 944-8255, ext. 108



SPECIALTY & GIFTS

Martin & MacArthur
(808) 886-0696

Whalers General Store
(808) 886-7057

Waikoloa Beach Resort Golf Shop

Golf Pro Shop

Open daily 6:30 am – 5:30 pm
(808) 886-7888



Waikoloa Beach Marriott Resort & Spa

Travel Traders

(808) 886-8146
Daily 8 am – 10 pm

Mandara Spa
(808) 886-8191
Daily 10 am – 5:30 pm



Hilton Waikoloa Village

Open Daily – Hours vary seasonally.

All phone numbers are (808) 886-1234, with the extension noted below:

Dancing Dolphins and Big Island Marketplace
ext. 1744, 1746

Dolphin Quest Gift Shop
ext. 1216

Journey
ext. 1546

Kohala Spa Essence and Kohala Spa Retail Shop
ext. 1768 or ext. 1228

Nā Hōkū
ext. 1750

Things Hawaiian
ext. 1232

DOLPHIN SUNRISE SPLASH

Witness the joy of the dolphin *ohana* frolicking at sunrise in the expansive, open-to-the-ocean saltwater lagoon at Hilton Waikoloa Village. Learn about these spectacular animals while watching them up close and personal with a marine mammal specialist. Bring your camera to capture this unique experience. Sessions typically last for about 10 minutes.

Tuesday, Thursday and Saturday at 8 am at the Saltwater Lagoon.

Ho`okupu Initiative Flourishes

Over the past six months, 43 species of native Hawaiian plants have been sprouting around Waikoloa Beach Marriott Resort & Spa’s grounds as part of the *Ho`okupu* Initiative. The new plant conservation and restoration program is centered around cultivating endangered, indigenous and endemic plants; activating regenerative tourism efforts; and fostering cultural preservation.

The *Ho`okupu* Initiative is run by the resort’s cultural coordinator Bryson “Lanakila” DiPrete and environmental team.

“*Ho`okupu* translated means an offering, a tribute, or to cause to grow,” says DiPrete. “Our resort has replaced much of the invasive plant life with endemic varieties that make sense — some are plants that once existed in

this landscape but have long been overrun by development and invasive species.”

Among the native plants blooming at the Waikoloa Beach Marriott Resort are ‘*Ahu`awa*, ‘*Akala*, ‘*Olena*, *Akia*, *Aweoweo*, *Hinahina Ku Kaha Kai*, *Ilie`e* and *Kokio Ke`oke`o*. Guests, visitors and residents can tour the gardens and help maintain the plants during the Native Hawaiian Garden Experience Activity twice a week.

“We’re moving beyond commercial Hawaiian activities and literally getting our hands dirty,” says DiPrete. “It’s an opportunity for guests and the local community to participate in native Hawaiian plant conservation and restoration in an accessible environment. The goal is to incorporate responsible experiences that allow guests to leave Hawai`i better than they found it.”



Marriott.com

SUNSET LŪ`AU

Mondays and Wednesdays | 4:45 pm

EXECUTIVE CHEF JAYSON KANEKOA PRESENTS AN AUTHENTIC MENU for the popular Sunset Lū`au with the freshest of ingredients harvested from Hawai`i Island purveyors. Experience an authentic *imu* pit presentation and the *ono* tastes of a J.A. Farms Garden Salad, Waipi`o Valley Poi, Keahole Shrimp, hō`i`o fern shoots, Pulehu steaks, and grilled chicken with Hamakua mushrooms.

Following dinner take a journey to Tahiti, New Zealand, Hawai`i, and Sāmoa through the songs and dances of these Pacific cultures. The spellbinding Samoan fire knife dance is a spectacular sight to see!

General ticket prices start at \$195 inclusive for adults, \$96 inclusive for *keiki* 6-12 years old, and *keiki* five and under are no charge. Premier ticket prices include preferred seating, floral lei, and a Hawaiian treat. Premier seating prices start at \$234 inclusive for adults, \$128 for *keiki* 6-12 years old, and *keiki* five and under are FREE.



For reservations visit thesunsetluau.com

Cancellations must be received 24 hours before your scheduled Luau. There will be no refund if cancellation is not received 24 hours out.



(808) 886-1234 | HiltonWaikoloaVillage.com

Legends of Hawai`i Lū`au — Our Big Island Story

Sundays, Tuesdays, Fridays plus Saturdays in July, and Saturday, August 5 5 pm | Kamehameha Court

TREAT YOURSELF TO THE ONCE-IN-A-LIFETIME CULTURAL IMMERSION of our *lū`au* at Hilton Waikoloa Village. Brought to you by Tihati Productions, the Legends of Hawai`i Lū`au dinner and show brings to life the ancestral songs and dances that retell the epic stories of Hawai`i Island and her remarkable people.

You'll receive a lei greeting upon arrival and have the opportunity to capture memories with photos with our *lū`au* performers. The meal includes island favorites such



as huluhuli chicken, seared island catch-of-the-day, and the traditional *imu* kālua pig, and fresh daily Hawaiian style desserts. Our signature mai tais are made with fresh pineapple juice.

Make reservations in advance at legendsluau.com. Book early to get your spot.

DINING GUIDE

Restaurants open daily unless noted.



GOLF COURSE

Tropics Ale House and Restaurant
(808) 886-4287
TropicsAleHouse.com

Lunch and dinner
11 am – 10:30 pm

LAVA LAVA BEACH CLUB

(808) 769-LAVA (5282)
LavaLavaBeachClub.com

Open for lunch and dinner
Noon – 9 pm

CLOCKWISE FROM ABOVE:
The Original Big Island Shave Ice Company; Roy's Waikoloa Bar & Grill; Island Fish & Chips



HILTON WAIKOLOA VILLAGE

(808) 886-1234
HiltonWaikoloaVillage.com/dining

Water's Edge

A lavish breakfast buffet overlooking the saltwater lagoon.

7 – 11 am

Orchid Marketplace

Grab-and-go lunch located at Kona Pool.

9 am – 5 pm

Shaka Cones

Locally made ice cream and sorbets at Orchid Marketplace.

9 am – 5 pm

Nui Italian

Authentic, family-friendly Italian dining including stone-fired pizzas, pastas, salads, and more.

Lounge and dinner
5 – 9 pm

KPC – Kamuela Provision Company

KPC offers Hawai`i Island's most spectacular sunset views. Locally sourced cuisine, from prime steaks to Hawaiian seafood.

5 – 9 pm

Lagoon Grill

Grab a burger, sandwich, salad, or Hawaiian bowl for lunch or early dinner and watch dolphins playing in the lagoon below.

11 am – 7 pm

Lagoon Chill

Dole Whip, sweet treats, souvenirs. Located next to Lagoon Grill.

8 am – 3 pm

Kona Tap Room

A fun gathering place with an array of craft and domestic beers and casual pub fare.

4:30 – 11 pm

Waikoloa Coffee

6 am – 3 pm
in Ocean Tower

6 am – noon
in MAKAI



WAIKOLOA BEACH MARRIOTT RESORT & SPA

(808) 886-8165
Marriott.com

Hawaii Calls Restaurant & Lounge

Breakfast
7 – 11 am

Lunch
11 am – 5 pm

Happy Hour
2 – 4 pm

Dinner
5 – 9 pm

SECOND SATURDAYS
PRIME RIB & CRAB BUFFET
5 – 9 pm

Every Second Saturday of the month, including live entertainment by premier local musicians

NALU'S POOL BAR
10:30 am – 5:30 pm daily

LIVE ENTERTAINMENT
Friday, Saturday, & Sunday, 5:30 – 7:30 pm
Featuring some of Hawai`i's local musical artists

Aka'ula Lanai

Coffee Shop – Lobby Level
6:30 – 11 am

& Cocktail
4 – 9 pm

KINGS' SHOPS

A-Bay's Island Grill
(808) 209-8494
A-Bays.com

8 am – midnight

Foster's Kitchen
(808) 657-4500
FostersKitchen.com

Daily lunch and dinner
11 am – 10 pm

Gypsea Gelato
(808) 886-1540
GypseaGelato.com

Island Fish & Chips
(808) 886-0005
KingsShops.com/island-fish-chips

Roy's Waikoloa Bar & Grill
(808) 886-4321
RoisHawaii.com

Dinner 4:30 pm – 8:30 pm
Island Vintage Coffee
(808) 731-5700

Open daily at 6 am
Sugar Coast Candy
Coming Soon

The Original Big Island Shave Ice Company
(808) 895-6069

Tuesday – Sunday
11:30 am – 6:30 pm,
full menu

6:30 – 7:30 pm,
ice cream menu

DINING GUIDE

Please check with individual restaurants on hours of operation.



Gypsea
Gelato

QUEENS' MARKETPLACE

Full-service restaurants.

Bistro at the Cinemas
(808) 464-3009
HawaiiCinemas.com/
the-bistro

Charley's Thai Cuisine
(808) 886-0591
CharleysThaiHawaii.com

Kuleana Rum Shack
(808) 238-0786
KuleanaRum.com

Mauna Kea Tropical Treats
(808) 738-6249

Romano's Macaroni Grill
(808) 443-5515
MacaroniGrill.com

Sansei Steak & Sushi Bar
(808) 886-6286
SanseiHawaii.com

Starbucks Coffee Company
(808) 886-1888
Starbucks.com



Hawaii Kind Grinds

QUEENS' MARKETPLACE FOOD COURT

Grab & go and food court eateries.

Dairy Queen/ Orange Julius
(808) 886-1029

Hawaii Kind Grinds
HawaiiKindGrinds.com

Island Greens
IslandGreensHI.com

L&L Hawaiian Barbecue
HawaiianBarbecue.com

Waikoloa Pizza
WaikoloaPizza.com

Waikoloa Shrimp Company
WaikoloaShrimpCo.com

