



NAUPAKA NEWS

RELAX, SHOP & PLAY AT WAIKOLOA BEACH RESORT

In This Issue



1 • WHALE TALE

Humpback whales are the stars, but many marine mammals abound in Hawai'i's waters.



4 • SHOPPING GUIDE

From casual beach wear to fine art, there's a retailer who has what you want.



7 • DINING

Hungry? There are many delightful dining choices at Waikoloa Beach Resort.



Scan code to sign up to receive Waikoloa Beach Resort updates.



Hawai'i's Marine Mammals

STUDYING AND PROTECTING WHALES AND DOLPHINS

IT'S HUMPBACK WHALE SEASON IN HAWAII ONCE AGAIN — a big draw for visitors and locals alike. People often line the leeward shores, watching for the giant mammals to spout water, slap their tails and flippers on the ocean's surface or breach entirely — soaring completely out of the water. It's truly a spectacle to behold, drawing applause and exhilaration from onlookers.

And though humpbacks are the main attraction, Hawai'i's marine mammal population is amazingly broad and it's of interest to more than spectators. From early

September through mid-November, a team of scientists from Cascadia Research Collective, a non-profit research and education organization based in Olympia, Washington, ventured into deeper waters to monitor marine mammals surrounding Hawai'i Island.

This past fall they had 47 encounters with 11 different species of whales and dolphins. Their work included taking identification photos, collecting biopsy or eDNA samples of the mammals and obtaining drone footage.

The scientists' role is to figure out how populations are doing, what factors may be threatening them and help figure out potential solutions. They also make sure management agencies, such as NOAA Fisheries when it comes to whales and dolphins in Hawaiian waters, obtain and utilize the information they collect.

Cascadia Research's Dr. Robin Baird is a leading expert on many of Hawai'i's marine mammals, as a research biologist with more than three decades of experience.

"In our work, we collect small skin and blubber biopsy samples from different species of whales and dolphins — we use these for a lot of different studies, including genetics (to determine sex and figure out who is related to whom, among other things), and stress hormones," he says. "The stress hormone analyses are being undertaken at the Health and Stranding Lab at the University of Hawai'i. We are also collecting eDNA samples (environmental DNA) from species that are difficult to get close to."

Dr. Baird adds that false killer whales are one of their key focuses currently, due to the dangers when they become entangled in fishing lines cast by Hawai'i-based offshore

longline fisheries. As of 2021, the resident false killer whale population was estimated at 140. According to a researcher at the Pacific Islands Fisheries Science Center, it has been declining at about five percent a year for the last decade.

"In September and October, we were able to collect biopsy samples from false killer whales. The insular population was listed as endangered in 2012, and 'critical habitat' was designated in 2018," Dr. Baird explains. "The endangered insular population did get some protection from offshore longline fishing in 2013, when an area close to the islands became closed year-round to longline fishing. But we know the population is continuing to decline and we know that interactions with local fisheries continue to occur. At the least we need proper monitoring in areas where we think

the fishery interactions are most likely occurring."

Last fall, Cascadia scientists also collected biopsy samples from a Cuvier's beaked whale, short-finned pilot whales and pantropical spotted dolphins, as well as eDNA samples from dwarf sperm whales, pygmy killer whales and Cuvier's beaked whales off Kona, exemplifying the diversity of the mammal species in the islands.

"(Pygmy killer whales) are sensitive to acoustic disturbance, so it is possible that the increase in high-intensity fish-finding sonars used by some of the larger charter vessels off Kona to find large fish have resulted in the animals spending less time here," scientists explain on Cascadia's Facebook page. "A group of pantropical spotted dolphins included an individual with very unusual pigmentation. There is always a possibility in such cases that this individual is a hybrid, so we collected a small skin/blubber biopsy sample for genetic analyses."

Scientists are also looking at how climatic events, such as El Niño and La Niña, might be influencing some of mammal species.

"A graduate student working with us, Danny Barrios, has found that Cuvier's and Blainville's beaked whales seem to change their movement patterns in response to El Niño cycles, and this may have broader implications for understanding how these and other species may respond to increasing ocean temperatures," Dr. Baird explains.

Locals and visitors can also have a key role in protecting mammals around Hawai'i Island.

"If you spend time on the water, show respect for the resident (and non-resident) whale and dolphin populations, no matter how you interact with them," Dr. Baird says. "There are too many people who try to swim with these species — don't be one of them. If you are approaching them in a boat, do so slowly and carefully."

He continues, "If you are on the water, you can contribute to our understanding of these species — become a citizen scientist, take photos and contribute those photos to researchers." ●

Photos of humpback whales can be emailed to Happywhale.org, and toothed whale or dolphin photos can be contributed to Cascadia Research at hawaii@cascadiaresearch.org.

NEWS & NOTES



Historic Fishpond Protected

LOCATED ON THE OCEAN SIDE of Waikoloa Beach Marriott Resort & Spa, fronted by the beach and Anaeho'omalu Bay, is the historic Kahapapa Fishpond. During winter season, high tides and north swell waves occasionally overtop the beach, resulting in sand potentially being deposited into the ponds. Waikoloa Land Company, in collaboration with the Waikoloa Beach Association, recently contracted a veteran rock wall builder to raise the 300-linear-foot Kahapapa Fishpond wall by two feet to aid in the maintenance and long-term stewardship of the beach and ancient Hawaiian fishpond.



Cultural Walking App

COMING SOON

FOR VISITORS SEEKING A DEEPER UNDERSTANDING OF THE VIBRANT CULTURE and significant preservation sites that shaped this land, a historic walking tour around Waikoloa Beach Resort just got easier. A new app, which can easily be downloaded from your app store, acts as an interactive guide with narratives along the ancient trail. Cultural tour guides share stories and insights about Hawaiian culture, with stops at sacred temples, petroglyphs, royal fishponds and more.



FREE ENTERTAINMENT & ACTIVITIES

Queens' Marketplace

Check website for details.
QueensMarketplace.com.

LEI MAKING

First Fridays

Join in and make your own Hawaiian lei ... no experience required!

`UKULELE LESSONS

Tuesdays

Strum along with master `ukulele players in this unique offering.

HULA SHOW

Wednesdays

Enjoy free performances of Hawai'i's iconic dance.

`OHANA MOVIE NIGHT

Second Saturdays

Family friendly fun is on tap at Ohana Movie Night. Bring the gang!

KANIKAPILA MONTHLY CONCERT

Third Saturdays

Hawai'i Island is known for its talented musicians, which this concert series spotlights.

Kings' Shops

Check website for details.
KingsShops.com

FIRES OF POLYNESIA

Wednesdays | 8 pm |

Kings' Shops Center Stage

A FREE fire extravaganza, the torches/fire fans of Tahiti, fire poi balls of New Zealand, fires of Hawaii and the amazing fire knife of Samoa. Dates and times are subject to change check website.

JOHN KEAWE

Second Tuesdays |
Kings' Shops Center Stage

Catch renowned slack key guitar player John Keawe in performance.

FARMERS MARKET

Tuesdays | 9 am – 2:30 pm

Enjoy produce, prepared foods and crafts from local vendors at this weekly market.

NIGHT MARKET

Fridays | 4 – 8 pm

Local produce, crafts, edibles.

LAKESIDE PUTTING

Fridays – Sundays | 4 – 8 pm

(808) 897-0423
\$10 for adults; \$5 for children/
kama'aina. Available for private bookings.



FREE GUIDED PETROGLYPH TOURS

Tuesdays & Thursdays |
9:30 – 10:30 am

Meet next to Island Fish & Chips.

Hilton Waikoloa Village

DOLPHIN SUNRISE SPLASH

Tuesdays, Thursdays, Saturdays |
8 am | Saltwater Lagoon

Witness the joy of the dolphin *ohana* frolicking at sunrise in the expansive, open-to-the-ocean saltwater lagoon at Hilton Waikoloa Village. Learn about these spectacular animals while watching them up close and personal with a marine mammal specialist. Bring your camera to capture this unique experience. Sessions typically last for about 10 minutes.





Queens’ Marketplace

Open Daily | Store hours vary, please call or visit their websites for hours and more information

ART & JEWELRY

Genesis Galleries
(808) 886-1770

Hawaii Fluid Art
(808) 344-4878

Maui Divers
(808) 886-4817

Lava Light Galleries
(808) 756-0778

Mashka Jewelry
(808) 731-7310

ENTERTAINMENT

Kozy’s Comedy & Magic Show
(808) 430-1957

Waikoloa Luxury Cinemas
(808) 464-3009

FASHION

Blue Ginger Family
(808) 886-0022

Cariloha
(808) 886-2608

Coconut Ave
(808) 731-4024

Crocs™ Shoe Store
(808) 886-0213

Kona Surf N’ Sandals
(808) 886-0898

Mahina
(808) 886-4000

Malibu Shirts
(808) 886-0003

Olivia Clare Boutique
(808) 657-4307

Oshima Surf & Skate
(808) 339-7305

Quiksilver
(808) 886-0900

Reyn Spooner
(808) 886-1162

Volcom
(808) 886-6888

GROCERY

Island Gourmet Markets
(808) 886-3577

REAL ESTATE

Hawai`i Life Real Estate Brokers
(800) 667-5028

Kona Coast Vacations
(808) 329-2140

SERVICES

Hilton Grand Vacations Club
(808) 886-0945

KOR Salon
(808) 886-8090

ResorticaHawaii
(808) 881-8222

Rider Levett Bucknall
(808) 883-3379

Vacasa
(855) 861-5757

Waikoloa Dental Clinic
(808) 886-0891

SPECIALTY & GIFTS

Claire’s
(808) 886-8905

Da Big Bags
(808) 989-8709

Lids
(808) 886-1649

SoHa Keki
(808) 909-3888

SoHa Living
(808) 464-4268

Sunglass Hut
(808) 886-0274

SPORT & ACTIVITY

Bike Works Beach & Sports
(808) 886-5000

Yoga Barre
(808) 333-5378

Kings’ Shops

Open Daily | Store hours vary, please call or visit their websites for hours and more information

ACCESSORIES

Mary Jane’s
(808) 886-2707

Michael Kors
(808) 886-2653

Sunglass Hut
(808) 886-0593

APPAREL

Crazy Shirts
(808) 886-9303

Honolua Surf Co.
(808) 886-6422

Jams World
(808) 796-3182

Kona Harley-Davidson
(808) 464-4033

Noa Noa
(808) 886-5449

Rip Curl
(808) 886-1952

Tommy Bahama
(808) 886-8865

Tori Richard
(808) 886-8308

Travis Mathew
(808) 865-2452

ART & JEWELRY

Aesthetic Hawaii
by Genesis Galleries
(808) 731-6280

Giving Bracelets
(808) 445-9951

Kohala Coast Fine Art
(808) 886-4240

Nā Hōkū
(808) 886-7599

Royal Gold
(808) 886-7701

Tiffany & Co.
(808) 886-1931



SERVICES

Big Island Motorcycle Co.
(808) 886-2011

Hawaii Vacation Condos
by Outrigger
(808) 886-0036

Hulakai
(808) 731-7945

Kings’ Shops Management Office
(808) 886-8811

Kohala Coast Properties
(808) 886-6600

RE/MAX Lava Luxury
(808) 756-4285

Shell Gas Station
(808) 886-9512

Team Clean
(808) 944-8255, ext. 108

SPECIALTY & GIFTS

Martin & MacArthur
(808) 886-0696

Sugar Coast Candy
(808) 886-0406

Whalers General Store
(808) 886-7057



Waikoloa Beach Resort Golf Shop

Golf Pro Shop

Open Daily | 6:30 am – 5:30 pm
(808) 886-7888

Waikoloa Beach Marriott Resort & Spa

Travel Traders

(808) 886-8146
Daily | 8 am – 10 pm

Mandara Spa

(808) 886-8191
Daily | 10 am – 5:30 pm

Hilton Waikoloa Village

Open Daily | Hours vary seasonally.
All phone numbers are (808) 886-1234, with the extension noted below:

Dancing Dolphins and Big Island Marketplace
ext. 1744, 1746

Dolphin Quest Gift Shop
ext. 1216

Journey
ext. 1546

Kohala Spa Essence and Kohala Spa Retail Shop
ext. 1768 or ext. 1228

Nā Hōkū
ext. 1750

Things Hawaiian
ext. 1232



Reservations can be made by calling
(808) 886-7600 or on Open Table.

Mauka Steakhouse is open
5 - 9 pm daily.

MAUKA STEAKHOUSE BRINGS PANIOLO CULTURE TO BEACH

Less than six months after Mauka Bar and Grill opened for breakfast and lunch at Kings’ Clubhouse, a whole new dinner concept launched in the same location last October — Mauka Steakhouse.

“It was always our plan to open as a steakhouse. Our Executive Chef Alika Ambrosio and Sous Chefs Greg and Gavin Ambrosio have a history of working in high-end steakhouses,” says the restaurant’s owner, Brian Flynn.

The menu brings some of the island’s *paniolo* (cowboy) upcountry culture down to the resort. Filet, NY Strip and Ribeye steaks, and the Kurobuta Pork Chop are fan favorites. Appetizers range from flaming Oysters Rockefeller to Seared Ahi Tataki.

“The Ambrosio family is well known on the island for their passion for culinary arts and ability to cook incredible food,” Flynn says. “This location provides a great opportunity and venue to demonstrate these skilled individuals.”

The freshest local ingredients are sourced from Blue Ocean Mariculture, Kekela Farms, Olokino Farms, Kona Fish and Hilo Products.

The curated wine and cocktail lists created by the restaurant’s Sommelier Ryan Rama includes some unique wines and vintages, as well as craft cocktails.

Diners enjoy beautiful mountain and sunset views, and live music nightly.



Marriott.com

SUNSET LŪ`AU

Mondays and Wednesdays | 4:45 pm

EXECUTIVE CHEF JAYSON KANEKOA PRESENTS AN AUTHENTIC MENU for the popular Sunset Lū`au with the freshest of ingredients harvested from Hawai`i Island purveyors. Experience an authentic *imu* pit presentation and the *ono* tastes of a J.A. Farms Garden Salad, Waipi`o Valley Poi, Keahole Shrimp, hō`i`o fern shoots, Pulehu steaks, and grilled chicken with Hamakua mushrooms.

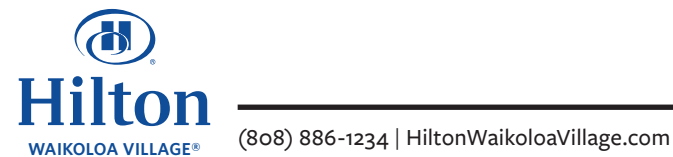
Following dinner take a journey to Tahiti, New Zealand, Hawai`i, and Sāmoa through the songs and dances of these Pacific cultures. The spellbinding Samoan fire knife dance is a spectacular sight to see!

General ticket prices start at \$195 inclusive for adults, \$96 inclusive for *keiki* 6-12 years old, and *keiki* five and under are no charge. Premier ticket prices include preferred seating, floral lei, and a Hawaiian treat. Premier seating prices start at \$234 inclusive for adults, \$128 for *keiki* 6-12 years old, and *keiki* five and under are FREE.



For reservations visit thesunsetluau.com

Cancellations must be received 24 hours before your scheduled Luau. There will be no refund if cancellation is not received 24 hours out.



LEGENDS OF HAWAI`I LŪ`AU — OUR BIG ISLAND STORY

Sundays, Tuesdays, Fridays | 5 pm | Kamehameha Court

TREAT YOURSELF TO THE ONCE-IN-A-LIFETIME CULTURAL IMMERSION of our *lū`au* at Hilton Waikoloa Village. Brought to you by Tihati Productions, the Legends of Hawai`i Lū`au dinner and show brings to life the ancestral songs and dances that retell the epic stories of Hawai`i Island and her remarkable people.

You'll receive a lei greeting upon arrival and have the opportunity to capture memories with photos with our *lū`au* performers. The meal includes island favorites such as huluhuli chicken, seared island catch-of-the-day, and the traditional *imu* kālua pig, and fresh daily Hawaiian style desserts. Our signature mai tais are made with fresh pineapple juice.



Make reservations in advance at legendsluau.com. Book early to get your spot.

DINING GUIDE

Restaurants open daily unless noted.



GOLF COURSE

Tropics Ale House and Restaurant
(808) 886-4287
TropicsAleHouse.com

Lunch and dinner
11 am – 10:30 pm

Mauka Bar and Grill
(808) 886-7600
MaukaBarandGrill.com

Breakfast and lunch
7:30 am – 5 pm

Mauka Steakhouse
(808) 886-7600
MaukaBarandGrill.com

Dinner
5 - 9 pm

LAVA LAVA BEACH CLUB
(808) 769-LAVA (5282)
LavaLavaBeachClub.com

Breakfast
8 – 10:30 am

Lunch and dinner
Noon – 9 pm

CLOCKWISE
FROM ABOVE:
Island Fish &
Chips; Roy's
Waikoloa Bar &
Grill; Kamuela
Provision
Company

HILTON WAIKOLOA VILLAGE

(808) 886-1234
HiltonWaikoloaVillage.com/dining

Water's Edge

A lavish breakfast buffet overlooking the saltwater lagoon.

7 – 11 am

Orchid Marketplace

Grab-and-go lunch located at Kona Pool.

9 am – 5 pm

Shaka Cones

Locally made ice cream and sorbets at Orchid Marketplace.

9 am – 5 pm

Nui Italian

Authentic, family-friendly Italian dining including stone-fired pizzas, pastas, salads, and more.

Lounge and dinner
5 – 9 pm

KPC – Kamuela Provision Company

KPC offers Hawai`i Island's most spectacular sunset views. Locally sourced cuisine, from prime steaks to Hawaiian seafood.

5 – 9 pm

Lagoon Grill & Bar

Grab a burger, sandwich, salad, or Hawaiian bowl for lunch or early dinner and watch dolphins playing in the lagoon below.

11 am – 7 pm

Lagoon Chill

Dole Whip, sweet treats, souvenirs. Located next to Lagoon Grill.

8 am – 3 pm

Kona Tap Room

A fun gathering place with an array of craft and domestic beers and casual pub fare.

4:30 – 11 pm

Waikoloa Coffee

6 am – 3 pm
in Ocean Tower

6 am – noon
in MAKAI



WAIKOLOA BEACH MARRIOTT RESORT & SPA

(808) 886-8165
Marriott.com

Hawaii Calls Restaurant & Lounge

Breakfast
7 – 11 am

Lunch
11 am – 5 pm

Happy Hour
2 – 4 pm

Dinner
5 – 9 pm

SECOND SATURDAYS
PRIME RIB & CRAB BUFFET
Includes live entertainment by premier local musicians

5 – 9 pm

FRIDAYS, SATURDAYS, SUNDAYS
LIVE ENTERTAINMENT
Featuring some of Hawai`i's local musical artists

5:30 – 7:30 pm

Nalu's Pool Bar
10:30 am – 5:30 pm

Aka'ula Lanai Coffee & Cocktail Lounge
Lobby Level

Morning
6:30 – 11 am

Evening
4 – 9 pm

Happy Hour
4 – 6 pm

KINGS' SHOPS

A-Bay's Island Grill
(808) 209-8494
A-Bays.com

8 am – midnight

Foster's Kitchen
(808) 657-4500
FostersKitchen.com

Lunch and dinner
11 am – 10 pm

Gypsea Gelato
(808) 886-1540
GypseaGelato.com

11 am – 8 pm

Island Fish & Chips
(808) 886-0005
KingsShops.com/island-fish-chips

10 am – 8 pm

Roy's Waikoloa Bar & Grill
(808) 886-4321
RoysHawaii.com

Dinner
4:30 pm – 8:30 pm

Island Vintage Coffee
(808) 731-5700
Open daily at 6 am

The Original Big Island Shave Ice Company
(808) 895-6069

Tuesday – Sunday
11:30 am – 6:30 pm,
full menu

6:30 – 7:30 pm,
ice cream menu



Please
check with
individual
restaurants
on hours of
operation.

DINING GUIDE



Island
Greens

QUEENS' MARKETPLACE

Full-service restaurants.

Bistro at the Cinemas
(808) 464-3009
[HawaiiCinemas.com/
the-bistro](http://HawaiiCinemas.com/the-bistro)

Charley's Thai Cuisine
(808) 886-0591
CharleysThaiHawaii.com

Kuleana Rum Shack
(808) 238-0786
KuleanaRum.com

**Mauna Kea
Tropical Treats**
(808) 738-6249

Romano's Macaroni Grill
(808) 443-5515
MacaroniGrill.com

**Sansei Steak
& Sushi Bar**
(808) 886-6286
SanseiHawaii.com

**Starbucks Coffee
Company**
(808) 886-1888
Starbucks.com



Waikoloa Pizza

QUEENS' MARKETPLACE FOOD COURT

Grab & go and
food court eateries.

**Dairy Queen/
Orange Julius**
(808) 886-1029

Hawaii Kind Grinds
HawaiiKindGrinds.com

Island Greens
IslandGreensHI.com

L&L Hawaiian Barbecue
HawaiianBarbecue.com

Waikoloa Pizza
WaikoloaPizza.com

Waikoloa Shrimp Company
WaikoloaShrimpCo.com



WaikoloaBeachResort.com