



NAUPAKA NEWS

RELAX, SHOP & PLAY AT WAIKOLOA BEACH RESORT

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Whale Watch 2022

THE ANNUAL RETURN TO HAWAIIAN WATERS OF THE HUMPBACK WHALES — named for the motion the big mammals make as they arch their backs out of the water in preparation for a dive — is one of the most anticipated times in the islands, both for visitors and for residents. When we see the spouting, tail slapping, and athletic, full-body leaps from the water, even the locals stop by the side of the road, or pause what they're doing to watch.

It's painful to consider, but these gentle giants who visit Hawai'i between November and March were once hunted close to

extinction by whalers. The practice was sustainable — even if repulsive by today's standards — through the 1850s and '60s. But once explosive harpoons were introduced in the late 19th century, the kill rate increased dramatically, and consequently the population of humpback whales saw a sharp decline.

Nowadays there are an estimated 140,000 humpback whales in the world's oceans. Their encouraging recovery was largely brought about when the International Whaling Commission gave the humpbacks protected status in



1966. Still, the number is only 30 - 35 percent of the species' former population; and while stocks have partially recovered, today's challenges include entanglement in fishing gear, collisions with ships, and noise pollution associated with sonar blasting the U.S. Navy was conducting until an agreement limiting the practice was reached several years ago.

A typical adult humpback weighs 40 tons, and lives 45-70 years. During their annual migration from summer feeding grounds near the poles to warmer winter breeding waters closer to the Equator, they travel some 3,100 miles at speeds of three to nine mph. They can travel up to 1,000 miles per month.

One of the best ways to learn more about and watch the whales more closely is through a whale watch cruise, offered at Waikoloa Beach Resort by Ocean Sports, a company that has been working in Hawai'i since 1981. We asked Claire Muchin, a consultant and naturalist on the Ocean Sports boats, to share some insights on the humpbacks.

NAUPAKA NEWS: We got first sighting reports off the Big Island on November 1 this year ... is that pretty much on schedule?

MUCHIN: Yes — most years the Humpbacks seem to show up off the Kohala Coast right around Halloween. This year, the first Humpback spotted around any of the Hawaiian Islands was off the coast of Hana in Maui on October 1st.

NAUPAKA NEWS: Does that also mean they will be staying longer than usual?

MUCHIN: Well, we always hope so, but the whales get to make that decision.

NAUPAKA NEWS: Describe the migration ... where do the whales go, and when?

MUCHIN: The Humpbacks that come to Hawai'i are part of the North Pacific population (there are 14 distinct populations who live in each of the world's oceans). Of the approximately 20,000 - 22,000 North Pacific Humpbacks, about two-thirds come to Hawai'i. The rest migrate to waters off of Baja California or the Southern Islands of Japan. For the most part, the humpbacks that come to Hawai'i migrate directly north and spend their summers off the coast of Alaska (from the Gulf of Alaska to the Aleutian Islands). Migration to Hawai'i from Alaska begins in autumn. Interestingly, individual humpbacks will not spend an entire winter here. They may spend as little as two weeks here before heading back ... and if a female mates successfully on the way to Hawai'i, she may turn around and swim back to Alaska without even reaching the islands.

NAUPAKA NEWS: We most often think of Humpbacks as the primary species frequenting Hawaiian waters, but there are several other species also, correct?

Humpbacks are the whales who migrate here, but as many as 18 different species of cetaceans live around the islands year-round. We encounter some of them frequently (like spinner dolphins), though most of the others live in deeper water (like sperm whales). But we do see some species like melon head whales, spotted dolphins, false killer whales, and pilot whales on occasion in the coastal waters.

NAUPAKA NEWS: Climate change and warming seas are in the news more and more these days ... how do these phenomena affect the Humpbacks and their migration patterns?

MUCHIN: A lot of researchers are looking into this right now and most seem to agree that it's the availability of the Humpbacks' prey sources that most affect migratory patterns and the health of the population in general. If the small fish our Hawaiian Humpbacks feed upon in Alaska during the summer months aren't abundant, the Humpbacks may end up spending less time away from the food sources during the winter months (maybe because they don't have the blubber stores to sustain them), which could mean a shorter breeding season overall.

NAUPAKA NEWS: How do those same conditions affect the health of the whales and their food sources generally?

MUCHIN: Some researchers have noted that when the prey sources are depleted, fewer calves are observed. It may mean that breeding females aren't as fertile, or receptive — or maybe they aren't migrating away from the feeding grounds for as long a time period — which would result in fewer available breeding females in Hawaiian waters. Since Humpbacks don't seem to eat during the breeding season, anything that affects the health and abundance of their food sources in Alaska will ultimately affect their behaviors here in Hawai'i.

NAUPAKA NEWS: What are some of the other risks to the whale population these days? Navy sonar? Hunting? Ocean trash/plastics?

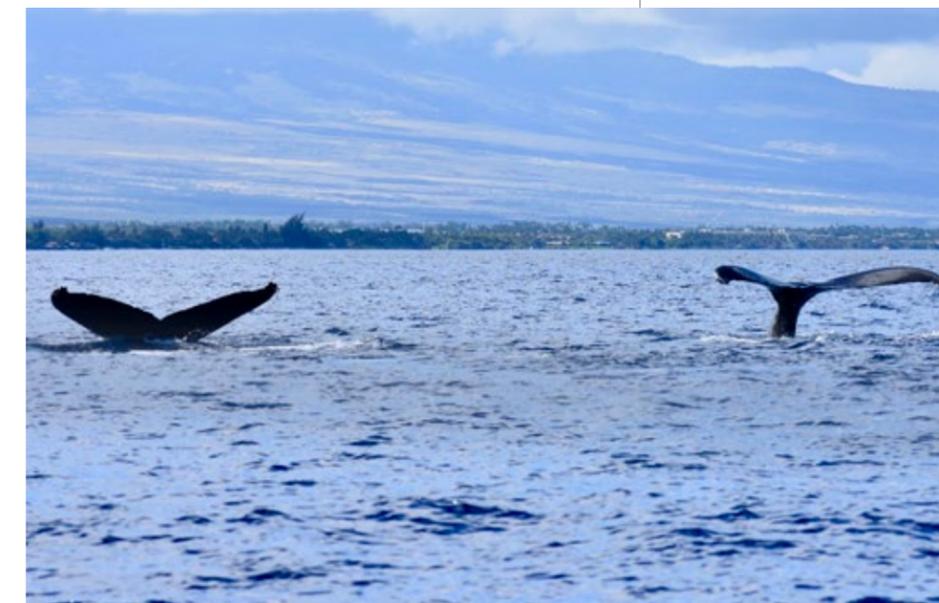
MUCHIN: All of the above. Also ship strikes, since the Humpback population has increased, more whales are swimming in the shipping lanes. Big ships (like cargo ships) don't often see the whales and have run into them.

NAUPAKA NEWS: What are some of the main messages you try to get across to visitors on a whale watching cruise?

MUCHIN: We try to get our guests involved in the excitement of seeing the Humpbacks and sharing the ocean with them. We've found that Humpbacks themselves are the ones sharing the important messages.

NAUPAKA NEWS: Hawaii also recently implemented a ban on swimming with the dolphins. Is that a good thing in your opinion?

MUCHIN: Well, we know that Spinner Dolphins (*Stenella longirostris*) spend the nighttime hours out in deep water feeding on the vertical migration of small fish, shrimp, and squid, so by the time they arrive back to the shallow waters where humans generally encounter them, the dolphins need to rest. The Spinners seem pretty curious about boats and other objects — including people — in the water, so when they echolocate, hear, or see us, they often swim closer to investigate, which certainly disrupts their resting time. Hopefully, NOAA's recent ban on interactions closer than 50 yards to the dolphins will allow the dolphins to get the rest they need to stay healthy. ●





Queens' Marketplace

Open Daily | Store hours vary, please call or visit their websites for hours and more information

ART & JEWELRY

Genesis Galleries
(808) 886-1770

Hawaii Fluid Art
(808) 344-4878

Island Pearls
(808) 886-4817

Lava Light Galleries
(808) 756-0778

Mashka Jewelry
(808) 731-7310

ENTERTAINMENT

Kozy's Comedy & Magic Show
(808) 430-1957

Waikoloa Luxury Cinemas
(808) 464-3009

FASHION

Blue Ginger Family
(808) 886-0022

Cariloha
(808) 886-2608

Crocs™ Shoe Store
(808) 886-0213

Kona Surf N' Sandals
(808) 886-0898

Mahina
(808) 886-4000

Malibu Shirts
(808) 886-0003

Olivia Clare Boutique
(808) 657-4307

PacSun
(808) 886-0415

Quiksilver
(808) 886-0900

Reyn Spooner
(808) 886-1162

Volcom
(808) 886-6888

GROCERY

Island Gourmet Markets
(808) 886-3577

REAL ESTATE

Hawai'i Life Real Estate Brokers
(800) 667-5028

Home River Group
(808) 883-9550

Kona Coast Vacations
(808) 329-2140

Windermere C & H Properties
(808) 883-3321

SERVICES

Fidelity National Title & Escrow of Hawaii, Inc.
(808) 451-2360

Hilton Grand Vacations Club
(808) 886-0945

KOR Salon
(808) 886-8090

Rider Levett Bucknall
(808) 883-3379

Waikoloa Dental Clinic
(808) 886-0891

SPECIALTY & GIFTS

Claire's
(808) 886-8905

Da Big Bags
(808) 989-8709

Hawaiian Quilt Collection
(808) 886-0494

Lids
(808) 886-1649

Pacific Nature
(808) 886-8919

SoHa Living
(808) 464-4268

Sunglass Hut
(808) 886-0274

SPORT & ACTIVITY

Bike Works Beach & Sports
(808) 886-5000

Yoga Barre
(808) 333-5378

Kings' Shops

Open Daily | Store hours vary, please call or visit their websites for hours and more information

ACCESSORIES

Mary Jane's
(808) 886-2707

Michael Kors
(808) 886-2653

Sunglass Hut
(808) 886-0593

APPAREL

Crazy Shirts
(808) 886-9303

Honolua Surf Co.
(808) 886-6422

Jams World
(808) 796-3182

Kona Harley-Davidson
(808) 464-4033

Noa Noa
(808) 886-5449

Rip Curl
(808) 886-1952

Tommy Bahama
(808) 886-8865

Tori Richard
(808) 886-8308

ART & JEWELRY

Aesthetic Hawaii by Genesis Galleries
(808) 731-6280

Giving Bracelets
(808) 445-9951

Kohala Coast Fine Art
(808) 886-4240

Maui Divers Jewelry
(808) 886-0055

Nā Hōkū
(808) 886-7599

Royal Gold
(808) 886-7701

Tiffany & Co.
(808) 886-1931

ENTERTAINMENT

For current information call Kings' Shops Management Office
(808) 886-8811



FARMERS MARKET

Explore the Kings' Shops Farmers Market every Tuesday from 9 am – 2:30 pm

SERVICES

Big Island Motorcycle Co.
(808) 886-2011

Compass Real Estate
(808) 430-2184

Hawaii Vacation Condos by Outrigger
(808) 886-0036

Hulakai
(808) 731-7945

Kings' Shops Management Office
(808) 886-8811

Kohala Coast Properties
(808) 886-6600

ReMax Lava Luxury
Coming Soon

Shell Gas Station
(808) 886-9512

Team Clean
(808) 944-8255, ext. 108

SPECIALTY & GIFTS

Martin & MacArthur
(808) 886-0696

Whalers General Store
(808) 886-7057

Waikoloa Beach Marriott Resort & Spa

Travel Traders
(808) 886-8146
Daily 8 am – 10 pm

Mandara Spa
(808) 886-8191
Daily 10 am – 5:30 pm

Waikoloa Beach Resort Golf Shop

Golf Pro Shop
Open daily 6:30 am to 6:30 pm
(808) 886-7888



waikoloa

Hilton Waikoloa Village

Open Daily – Hours vary seasonally. All phone numbers are (808) 886-1234, with the extension noted below:

Dancing Dolphins and Big Island Marketplace
ext. 1744, 1746

Dolphin Quest Gift Shop
ext. 1216

Journey
ext. 1546

Kohala Spa Essence and Kohala Spa Retail Shop
ext. 1768 or ext. 1228

Nā Hōkū
ext. 1750

Things Hawaiian
ext. 1232

RESORT SPOTLIGHT

CUPPA JOE?

Hawaiian coffee is known far and wide as among the finest in the world. Hawai'i Island in particular excels at growing coffee beans, as coffee trees thrive on the cool slopes of Hualalai and Mauna Loa mountains in rich volcanic soil and afternoon cloud cover.

But guests at Waikoloa Resort don't have to travel far and wide to taste the rich flavor of this local product, as several vendors will be more than happy to sell you a cup of their finest.

The newest coffee specialist at the resort can be found at Kings' Shops, Island Vintage Coffee (IVC). "We love good coffee, and we strive to create a great coffee experience, and a space that

makes people feel welcome and taken care of," is their motto. "After all," they reason, "isn't the best cup of coffee the one you experience with others?"

IVC, which started up in 1996 and now has locations on Oahu and Maui, as well as in Japan, is dedicated to showcasing the best of Hawai'i. "All of our products are from local artisans and growers who have our same commitment to producing quality products here in Hawai'i," they say.

In addition to a full menu of coffee drinks, "We take this a step further when it comes to our approach to food," the company states. "Hawai'i is uniquely built on diverse mix of cultures. At the center of what connects is the food we share, and we wanted to honor that tradition. Our approach is to offer something familiar and approachable using quality, local ingredients."



Open daily at 7 am.
(808) 731-5700



Marriott.com

SUNSET LŪ'AU

Mondays & Wednesdays | 5 pm

GATHER AS THE SUN SETS OVER BEAUTIFUL ANAEHOOMALU BAY and enjoy a traditional Hawaiian dinner. Then journey to Tahiti, New Zealand, Hawai'i, and Samoa through songs and dances of these Pacific cultures. The spellbinding Samoan fire dance is a spectacular sight.

Guests are seated at their own table. Maximum guests per table from the same household is 10. Food service is a combination of family style and a hot station.

For reservations visit fareharbor.com/marriottsunsetluau

Cancellations must be received 24 hours before your scheduled Luau. There will be no refund if cancellation is not received 24 hours out.



KAMUELA PROVISION COMPANY

Exclusive Outdoor Dining on the Ocean Front Lanai of Kamuela Provision Company with the Chef's Menu

The Ocean Front Lanai offers guests an unrivaled ambiance complemented by sunset views of the Pacific ocean. All dining reservations specific to the Ocean Front Lanai are served a three-course chef's menu starting at \$85 per person.

Indoor Ala Carte Dining

Seating for à la carte dining is limited to indoor tables.

Call (808) 886-1234 for reservations.

DINING GUIDE

Restaurants open daily unless noted.



CLOCKWISE FROM ABOVE:
The Original Big Island Shave Ice Company, KPC – Kamuela Provision Company, Lava Lava Beach Club

GOLF COURSE

Mai Grille, By Chef Allen Hess
(at Kings' Clubhouse)
(808) 886-7600
MaiGrille.com

Breakfast and lunch
8 am – 3 pm

Sunday Brunch
7:30 am – 2:30 pm

Tropics Ale House and Restaurant
(808) 886-4287
TropicsAleHouse.com

Lunch and dinner
11 am – 10:30 pm

LAVA LAVA BEACH CLUB

(808) 769-LAVA (5282)
LavaLavaBeachClub.com

Lunch and dinner
Noon – 9 pm

Bar open until 9 pm

Bikinis and board shorts welcomed! Live entertainment nightly.

HILTON WAIKOLOA VILLAGE

(808) 886-1234
HiltonWaikoloaVillage.com/dining

Nui Breakfast

A lavish breakfast and a la carte options in a relaxed atmosphere.

7 – 10 am

Nui Italian

Authentic, family-friendly Italian dining including stone-fired pizzas, pastas, salads, and more.

Lounge and dinner
5 – 9 pm

KPC – Kamuela Provision Company

KPC offers Hawai'i Island's most spectacular sunset views. Locally sourced cuisine, from prime steaks to Hawaiian seafood.

Sunday, Monday, Thursday, Friday, & Saturday
5:30 – 9 pm

Lagoon Grill

Grab a burger, sandwich, salad, or Hawaiian bowl for lunch or early dinner and watch dolphins playing in the lagoon below.

11 am – 4 pm

Kona Tap Room

A fun gathering place with an array of craft and domestic beers and casual pub fare.

4:30 – 10:30 pm

Waikoloa Coffee

6 am – noon
in Ocean Tower

6 am – noon
in MAKAI



WAIKOLOA BEACH MARRIOTT RESORT & SPA

(808) 886-8165
Marriott.com

Hawaii Calls Restaurant & Lounge

Breakfast
7 – 10:30 am

Lunch
11 am – 5 pm

Happy Hour
2 – 4 pm

Dinner
5 – 9 pm

Live Entertainment
Friday, Saturday, & Sunday, from 5:30 - 7:30 pm, featuring some of Hawai'i's local musical artists

DINING SPECIALS:
Mimosa Monday
Mondays, 7 – 10:30 am

Taco Tuesday
Tuesdays, 5 – 9 pm

Pulehu Thursday
Thursdays, 5 – 9 pm

Coffee Shoppe
Akaula Lanai – Lobby Level
6:30 – 11 pm

Nalu's
Poolside Bar
10:30 am - 5:30 pm

KINGS' SHOPS

A-Bay's Island Grill
(808) 209-8494
A-Bays.com

8 am – midnight

Foster's Kitchen
(808) 657-4500
FostersKitchen.com

Daily lunch and dinner
3 – 10 pm

Gypsea Gelato
(coming soon)

Island Fish & Chips
(808) 886-0005
KingsShops.com/island-fish-chips

7:30 am – 9:30 pm

Roy's Waikoloa Bar & Grill
(808) 886-4321
RoysHawaii.com

Dinner 5 – 9 pm

Island Vintage Coffee
(808) 731-5700

Open daily at 7 am

The Original Big Island Shave Ice Company
(808) 895-6069

Tuesday – Sunday
11:30 am – 6:30 pm



DINING GUIDE



Charley's Thai Cuisine

QUEENS' MARKETPLACE

Bistro at the Cinemas

(808) 464-3009
HawaiiCinemas.com/
the-bistro

Monday – Friday
11:30 am – 9 pm

Saturday – Sunday
10:30 am – 9 pm

Charley's Thai Cuisine

(808) 886-0591
CharleysThaiHawaii.com

Lunch 11 am – 3 pm
Dinner 5 – 9:30 pm

Kuleana Rum Shack

(808) 238-0786
KuleanaRum.com

Lunch and dinner
11:30 am – 9:30 pm

Mauna Kea Tropical Treats

Romano's Macaroni Grill

(808) 443-5515
MacaroniGrill.com

Sunday – Thursday hours
11 am – 9 pm

Friday – Saturday
11 am – 10 pm

Sansei Steak & Sushi Bar

(808) 886-6286
SanseiHawaii.com

Take-out
Tuesday – Saturday
5 – 8 pm

Sunday – Monday
6 - 8pm

Dine In
5 – 8 pm

Starbucks Coffee Company

(808) 886-1888
Starbucks.com

4:30 am – 8 pm

QUEENS' MARKETPLACE ONO FOOD COURT

7:30 am – 8 pm
(Individual times may vary)

Dairy Queen/ Orange Julius

(808) 886-1029

Ippy's Hawaiian BBQ

(808) 886-8600

Island Greens

(coming soon)

Waikoloa Pizza

WaikoloaPizza.com

Waikoloa Shrimp Company

(Lunch and dinner)



Sansei Steak & Sushi Bar

Restaurants open daily unless noted.

