



Naupaka News



WaikoloaBeachResort.com

NEW YEAR, NEW YOU AT WAIKOLOA BEACH RESORT

Many people's New Year's resolutions include doing more exercise, eating more nutritious foods, losing weight, and taking better care of themselves. If that includes you, Hawaii is the perfect place to start positive new habits, or amplify the good health habits you already have.

The Big Island in particular is known for its wealth of sports and recreational opportunities, health-conscious menus, and outdoor activities of all kinds. Here in the land of triathlons and fresh foods from the land and sea, it's hard not to be active and eat well. With a year-round climate suited for everything from hiking to surfing, from bicycling to golf, residents and visitors alike make a point of doing something outdoors every day.

At Waikoloa Beach Resort, your options for a healthy lifestyle are endless. Ocean sports abound, spas and fitness centers are conveniently located, healthy cuisine is available on most menus, and classes from yoga to strength training are offered just about every day of the week.

THE PERFECT PLACE TO GET OR STAY HEALTHY

"Waikoloa is the perfect place to get or stay healthy," says Scott Head, Vice President of Resort Operations. "From the moment you wake up in the morning



until you turn in at night, you can do yoga, snorkel, paddle a kayak, bike, run, play golf, work out in a spa...there are so many options here that there's certain to be something everyone will enjoy."

If you and your family want to rent a bicycle for a day of exercise and sightseeing, head over to Big Island Motorcycle Company in Kings' Shops or Bike Works Beach and Sports in the Queens' MarketPlace, where

a complete line of rentals are offered. The roads in Waikoloa Beach Resort are perfect for leisure rides, and more adventurous riders can trace the cycling portion of the Ironman Triathlon along Queen Kaahumanu Highway if they so desire.

A state-of-the-art fitness center with a full schedule of classes is found at Kohala Spa inside the Hilton Waikoloa Village.

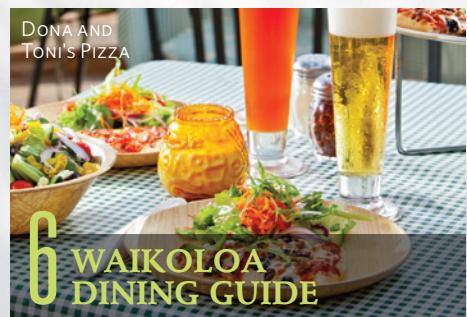
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STAY IN STYLE

HILTON WAIKOLOA VILLAGE

EVENING UNDER THE STARS AT WAIULUA BAY

Saturday, January 26 at Palace Garden and Saturday, February 23 at Palace Garden

Come join us for storytelling under the starry skies overlooking Waiulua



WAIKOLOA BEACH MARRIOTT RESORT & SPA

HAWAII CALLS Restaurant & Lounge

Daily Aloha Hour 3 - 6 pm

Special \$12 pūpū platter, \$4 Bud Light draught, \$6 selected martinis, \$7 selected tropical drinks.

MONDAY AND THURSDAY NIGHTS

Take advantage of 50% off all dinner entrées* (*18% gratuity of full price will be added automatically)

FRIDAY AND SATURDAY NIGHT BUFFETS

Enjoy our \$45 prime rib and cracked crab buffet...all you can eat!

KEAHOLE LOBSTER SUNDAY DINNER

\$22 Butter Poached Fresh Whole Keahole Lobster. *Side dishes sold separately.

Bay. Bring your blanket, beach chair or beach mat and enjoy a casual evening of entertainment and storytelling.

LEGENDS OF THE PACIFIC LUAU: THE MOST POPULAR LUAU ON HAWAII ISLAND

Sunday, Tuesday, Thursday and Friday, Doors open at 5:30 pm

KAMEHAMEHA COURT

Treat yourself to the once-in-a-lifetime cultural immersion of our lū'au at Hilton Waikoloa Village. Brought to you by Tihati Productions, the Legends of the Pacific Luau dinner and show presents dramatic Polynesian dances and music of the Pacific Rim.

Our lū'au buffet includes island favorites such as hulihuli chicken, seared island

catch-of-the-day and Parker Ranch shoyu marinated ribs, the traditional *imu kālua* pig, and fresh daily Hawaiian style desserts.

Our signature mai tais are made with fresh pineapple juice. And we have a *keiki* buffet for our friends ages 12-and-under.

General seating prices are \$109 plus tax for adults, \$99 plus tax for seniors (65+), \$99 plus tax for teens (ages 13-18), \$54 plus tax for children (ages 5-12) and children under age 5 are complimentary. *Ali'i* upgrade includes premier seating, complimentary valet parking, open bar, family-style food service to your table by exclusive butler and gratuity. Additional \$26 plus tax per seat. Show only seating available for \$60 plus tax.

For reservations and information please call (808) 886-1234, Ext. 54, or visit hiltonwaikoloavillage.com



SUNSET LUAU

Wednesdays & Saturdays, 5 pm

Enjoy traditional Hawaiian dishes, as well as familiar favorites, from salads to tempting dessert selections and a full open bar. Following dinner, journey to Tahiti, New Zealand, Hawai'i and Sāmoa through the songs and dances of these Pacific cultures. The spellbinding Samoan fire dance is a spectacular sight!

General seating prices are \$97 for adults, \$43 for *keiki* 6-12 years old, and *keiki* 5-and-under are FREE. Premier seating includes preferred first row seating, *lei* greeting and Hawaiian pūpū (appetizer); additional \$25 per seat.

Rates do not include Hawai'i state sales tax and are subject to change. Tickets can

be purchased from 4 pm on Wednesdays and Saturdays at the hotel in our lobby. Seating begins at 5 pm. Large parties are advised to arrive at the lū'au grounds early to accommodate group seating.

For more information or to make reservations at Hawaii Calls Restaurant & Lounge or the Sunset Lu'u, call (808) 886-8111.

EVENTS CALENDAR

RESORT

CHICAGO IN CONCERT

Saturday, Jan. 12, Doors open at 6 pm, concert at 7:30 pm
Waikoloa Bowl



Grammy Award-winners Chicago will perform in Waikoloa as part of their 2012-2013 world tour. Chicago, one of America's most dynamic, high-energy bands, has had an amazing 25 Top Forty singles and five consecutive #1 albums; they are among Billboard's Top 100 artists of all time at #13. With 33 albums to their credit, Chicago is the first American band to chart Top 40 albums across five decades, with 25 of them certified platinum. Worldwide, their music has sold more than 100 million records. (No outside beverages, outside food, cans or bottles, coolers, or chairs of any kind.)

General Admission tickets are priced at \$65 and \$49. On sale at Persimmon at Queens' MarketPlace, or Ticketmaster outlets at Walmart in Hilo and Kona. A limited number of reserved section \$95 tickets are available online only at ticketmaster.com or waikoloanights.com

HILTON WAIKOLOA VILLAGE

'Q'UISINE OF HEARTS - A VALENTINE BRUNCH

Sunday, Feb. 10, 11:30 am - 2:30 pm
Kona Ballroom

Pastry chefs, bakers, chocolatiers, and ice cream makers present miniature desserts, plus a savory brushcetta buffet and delectable omelet and Eggs Benedict station. Silent auction and romantic music. Sponsored by the ACF Kona Kohala Chefs Association's Charitable and Educational Fund.

Tickets: Adults \$45/children \$20 (ages 5 - 10); charge by phone: (808) 329-2522.

KINGS' SHOPS

CULINARY ARTS UNDER THE STARS

Saturday, Jan. 26

Top chefs from the Kohala Coast will present tasting stations throughout the center with some of the finest cuisine on Hawaii Island. A dessert station by the Patisserie students from Hawaii Community College-West Hawaii promises exquisite desserts. Tickets are \$30 per person.

For an additional \$20, you can attend an intimate food demonstration by Chef Ippy Aiona in the newest restaurant on the coast, Three Fat Pigs. Scripts for \$3 sold separately and will benefit the Hawaii Community College Palamanui Culinary program, with all proceeds going to outfit new teaching kitchens.

ARTS UNDER THE STARS

Second Saturday of each month

The Arts Under the Stars program takes on an extra air of romance on February 9. Come meet the artists of Kings' Shops who will be showing their creations in an outdoor art walk. Numerous stores will be holding in-store events, with some serving elegant pupu and sparkling wines. Roy's Waikoloa Bar & Grill and Merriman's Market Café will offer pūpū-style foods and gelatos for sale in street fair fashion. Stroll under the stars to the delicious aromas of good food and the sweet sounds of live music.

For more information call (808) 886-8811 or visit KingsShops.com



QUEENS' MARKETPLACE

ASIAN FESTIVAL

Friday Feb. 1, 5 - 7 pm

Come celebrate the new lunar year with music and dances from around the world. The pulsating drums and mesmerizing movement of the traditional Chinese lion dance make this a special event. Make sure you have your lycee (red envelope) with you to ensure good health and fortune in the Year of the Snake.

For more information call (808) 886-8822 or visit QueensMarketPlace.net

KINGS' GOLF COURSE

GOLF TOURNEY

February 6 - 8

Come out and see the future of professional golf, as the 23rd Annual Amer Ari Intercollegiate Golf Tournament is played on the Kings' Course. A total of 20 highly ranked college teams are scheduled to participate in this prestigious event. Public welcome!

For more information call (808) 886-7888 or visit WaikoloaGolf.com

ACTIVITIES & ENTERTAINMENT

QUEENS' MARKETPLACE

Saturdays, Dusk (FREE)

MOVIES UNDER THE STARS

January 26 - ParaNorman

February 23 - Hotel Transylvania

Saturdays (FREE)

MONTHLY CONCERT SERIES

January 12, 9 - 10 pm

Bobby G and the Generous Thieves

February 16, 6 - 8 pm

Tropical Vibrations Trio

■ Entertainment

Wednesdays, 6 - 7 pm (FREE)

AULANI'S HULA HĀLAU

Fridays, 6 - 7 pm (FREE)

NĀ LEHUA E LIKO NO KAWAILANI

Sundays, 4 - 5 pm (FREE)

HĀLAU O PO`OHALA

All activities and entertainment at Coronation Pavilion unless otherwise noted.

KINGS' SHOPS

Wednesdays, 8:30 am - 3 pm (FREE)

KINGS' SHOPS FARMERS MARKET

Featuring locally grown fruits and vegetables, gourmet salts, fresh jams and jellies, breads and pastries.



■ Entertainment & Events

**Thursdays and Fridays,
9:30 - 10:30 am (FREE)**

GUIDED PETROGLYPH TOURS

Meet at Kings' Shops Center Stage for a guided walk back through time. The lava trails are uneven and rough, so wear closed-toe walking shoes and plenty of sunscreen. Hats and water are also recommended.

**Tuesdays, 7 pm
(FREE)**

JOHN KEAWE

Grammy and Nā Hōkū Hanohano award-winning Slack Key guitarist John Keawe performs classic and contemporary Hawaiian music.



January 2, 9 and 23

7 pm (FREE)

KAHULANUI

Groove to the upbeat contemporary Hawaiian music by this talented trio.

January 16, 7pm (FREE)

ROB DECKER

Rob Decker is a singer, songwriter with vocal styles of James Taylor. Rob has been playing music in and around Hawaii since the early 1990s. Rob's picking style and soulful voice have earned him praise from fellow musicians and fans.



Fridays, 6 pm (FREE)

FRIDAY HULA

First Friday - Nā Kamali'i o Kona

Third & Fifth Fridays - Aulani's Hula Hālau

Fourth Friday - Hālau Hula Ka No'eau

LAVA LAVA BEACH CLUB

■ Entertainment

Nightly Entertainment 5 - 9 pm (FREE)

Get some sand between your toes and enjoy our featured local musicians and hula dancers.

January 18 will be another special night at Lava Lava Beach Club as Henry Kapono entertains from 7 - 9 pm.

Check our LavaLavaBeachClub.com for information.

Entertainment subject to change. Visit waikoloabeachresort.com for updates.

WAIKOLOA BEACH & KINGS' COURSES

HAWAII'S BEST GOLF VALUE

The more golf you play at Waikoloa Beach Resort, the better the deals get!

Enjoy 2, 3, 4 rounds of golf starting at \$96.25 per person, per round when prepaying for a four round golf package with no time or course restrictions. Cost includes green fees, shared cart, bottled water and use of the practice facilities. Rental clubs are \$55.00 plus tax, per person for the first round and \$35.00 for each additional round up to 4 rounds. Rounds beyond 4, rentals are complimentary. Rental clubs include new premium Callaway Diablo Woods and Razor X Irons.

For more information or to make a tee time call the golf shop at (808) 886-7888 or visit WaikoloaGolf.com

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Daily classes given by certified instructors include Pilates and yoga, core conditioning, body sculpting, stretching, and more.

At the Waikoloa Beach Marriott Resort & Spa, guests can enjoy a peaceful morning yoga on 'Anaeho'omalu Bay, or exercise the entire body with stand-up paddleboard adventure; build upper body strength with a daily kayak excursion; or rent mask, snorkel, and fins for a colorful underwater exploration. The resort's hydro-bike is also a popular way to enjoy working out while admiring paradise on 'Anaeho'omalu Bay.

And the knowledgeable concierge staffs at both resorts can assist guests with everything from surf lessons to hiking and bird-watching tours with the experts from Hawai'i Forest & Trail, through both the rainforest and dryforest of Pu'u La'au on Mauna Kea.

Back on resort grounds, golf enthusiasts should try walking the Kings' or Beach golf courses when you play. It's a scenic — and healthy — day of fun.

FRESH FROM LAND AND SEA

When it comes to dining, resort guests are well taken care of. Fresh fish from local waters is on almost every menu, and most chefs find most or all of their produce from local — some organic — farms.

At Waikoloa Grill'n Bar, for example, patrons find a menu that includes several lighter, healthier menu choices. "Our dishes feature fresh island flavors that you want to taste when you're on vacation, because you don't find them anywhere else," said owner Dickie Furtado. "We make a paella with fresh-caught mahi mahi, clams, shrimp, garlic, Maui onion, and saffron. Our Grilled Caesar Salad can be customized with choice of shrimp, chicken, or blackened ahi. And wait till you taste the Signature Calamari!"

At Hilton Waikoloa Village, head to Kamuela Provision Company for a full range of fresh seafood choices. If you prefer a completely vegetarian meal, try the Hamakua Mushroom Risotto with Truffle Oil paired with an Organic Caesar made with locally-grown Romaine lettuce and Big Island avocados.

"Fruits here in Hawaii are fantastic," says



HAWAII
CALLS
RESTAURANT
& LOUNGE

Charles Charbonneau, executive chef at Hilton Waikoloa Village. "So our breakfast buffets feature fresh fruits year-round, depending on what is in season. At all of our restaurants, we put an emphasis on local produce and local fish, and we adjust our menus as produce comes into season... right now we're adding a roasted beet salad with local greens and Puna goat cheese."

At Hawaii Calls Restaurant & Lounge in the Waikoloa Beach Marriott Resort & Spa, lighter dinners include fresh fish in a variety of tasty preparations, and salads crafted from locally sourced produce.

If you are interested in preparing fresh, locally grown foods for yourself, head to the Kings' Shops Farmers Market, held every Wednesday from 8:30 a.m. to 2 p.m. Here you'll discover the best of the local bounty, talk story with farmers about their harvests and island-made products.

"If you are someone who already practices great health habits, you will find Waikoloa Beach Resort a very supportive place," Head says. "And if you're someone whose New Year's resolutions include starting a healthier lifestyle in 2013, there's no better place and no better time to start than here and now."

CHEF JEFF TAKES THE HELM AT LAVA BEACH CLUB

Since the first day, Jeff Readman stood apart as a culinary wizard who understood that food should be delicious, well-priced, and fun. Come in and try some of his new menu items! Together with Lava Lava's corporate chef, Ken Schloss, Readman has created new menu items and updated renditions of some favorites from the menu. Lava Lava is also happy to provide beach chairs for anyone who buys a drink, lunch,

or a pūpū. (Chairs are on a first-come, first-served basis.)



DINING GUIDE



GOLF COURSE RESTAURANTS

Kings' Grille—(808) 886-7600; Breakfast 7:30 - 10:30 am (M-F); 7:30 - 11 am (weekends); Lunch 11 am - 2:30 pm (daily) waikoloabeachgolf.com/clubhouse/kings-grille/

Waikoloa Grill 'n Bar—(808) 886-8797; 3 - 9 pm (daily) Happy Hour 3 - 5:30 pm Complimentary Appetizer! WaikoloaGrillnBar.com

HILTON WAIKOLOA VILLAGE
hiltonwaikoloavillage.com/dining

Boat Landing Cantina—
(808) 886-1234
"Where Hola meets Aloha,
a Hawaiian Cantina"
Open daily 12 - 9:30 pm

Dona & Toni's Pizza — Dine In or Take Out—
(808) 886-1234
Open daily 5 - 9 pm

Imari Teppan & Sushi—
(808) 886-1234; Ext.54
Dinner 5:30 - 9:30 pm (W-Sa. only)

KPC - Kamuela Provision Company—
(808) 886-1234;
Dinner 5:30 - 9:30 pm (daily)

Kirin Chinese Restaurant—

Open daily for lunch and dinner, 11 am - 10:45 pm.

Lagoon Grill—(808) 886-1234;
Open air beach grill and bar. Open daily for lunch and dinner, 11 am - 8 pm

Orchid Marketplace—

Open daily 11 am - 4 pm.

KINGS' SHOPS RESTAURANTS & EATERIES

Kona Brothers Coffee—

(808) 886-4070
Daily 6:30 am - 9:30 pm
Free Wi-Fi

Island Fish & Chips—

(808) 886-0005;
9:30 am - 9:30 pm

Merriman's Market Café—

(808) 886-1700; Lunch 11:30 am - 3 pm;
Dinner 5:30 - 9 pm
merrimanshawaii.com/market_cafe.htm

Roy's Waikoloa Bar & Grill—

(808) 886-4321; Dinner 5:30 - 9:30 pm
roysrestaurant.com

LAVA LAVA BEACH CLUB

Lava Lava Beach Club—

(808) 769-LAVA (5282); 11:30 am - 9 pm
(daily); Bar open till 10 pm
LavaLavaBeachClub.com

QUEENS' MARKETPLACE RESTAURANTS

Charley's Thai Cuisine—(808) 886-0591;
Lunch 11 am - 3 pm; Dinner 5 - 9:30 pm
charleysthaicuisine.com

Romano's Macaroni Grill—

(808) 443-5515; 8 am - 10 pm (daily)
macaronigrill.com

Sansei Seafood, Steak & Sushi Bar—

(808) 886-6286; 5:30 - 10 pm
sanseihawaii.com

Starbucks Coffee Company—

(808) 886-1888; 5 am - 9:30 pm (daily)
starbucks.com

QUEENS' MARKETPLACE FOOD COURT DAILY 7:30AM - 9:30PM

- Arby's
- Dairy Queen/Orange Julius
- Ippy's Hawaiian BBQ
- Lemongrass Express
- Marble Slab Creamery®
- Paradise Pizza & Grill
- Subway Sandwiches & Salads

WAIKOLOA BEACH MARRIOTT RESORT & SPA

Hawaii Calls Restaurant & Lounge—

(808) 886-6789; Breakfast 6:30 - 11 am;
Lunch 11 am - 3 pm; Dinner 5:30 - 9:30 pm

